



# SHEILA BOTELHO

Business Strategist | Host of The Sheila Botelho Show

## BIO

Sheila Botelho is a Business Strategist and host of The Sheila Botelho Show. She guides leaders to create more profit, freedom, and self-trust—without burning out or dimming down.

With decades of experience in wellness, sales, and transformational coaching, Sheila equips founders to build businesses that sustain wealth, influence, and legacy. Through future-focused conversations on growth and technology, she empowers leaders to thrive in a rapidly changing world while staying deeply aligned with their values.

## TOPICS

- Profit, Freedom & Self-Trust in Leadership
- The Future of Scaling with Tech Trends
- Building Businesses Without Burnout
- Money & Power Dynamics for Founders
- Legacy Leadership That Elevates Humanity

## INTERVIEW QUESTIONS

- What helps leaders profit and avoid burnout?
- How can self-trust change the way we lead and scale?
- What impact do money stories have on founders?
- How do you see Tech shaping the future of business?
- What's your legacy leadership vision in this new era?